

**PARTICIPANTS:** The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:** A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:** The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:** The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:** The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:** This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hesper
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator

Andrea Portis, Operations Assistant



# ST. MARTIN DE PORRES SENIOR CENTER

**ALL SENIORS WELCOME!**

**Welcome Back!!**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



# November 2024

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:45 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

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## \*\*Reminders\*\*

### Additional Closures:

**Monday November 11 – Veteran’s Day**

**Thursday November 28 – Thanksgiving Day**

**Friday November 29 – Day After Thanksgiving**

-Bus reservations must be made at least one day in advance by 11 am.



-Lunch reservations must be made at least one day in advance by 11am.

## Happy Birthday!

### November Birthdays!

05 – Tesfaye Muhe

11 – Chong Brandenstein

14 – Abebe Abera

19 – Maritza Torrez

22 – Celia Estrada

23 – Jennie Huie

27 – Sandy Liu



Our Birthday Party will be on Tuesday, November 26 with DJ Robby G

## FIELD TRIPS

### Wednesday, November 6: Cox Farms Corner Market Picnic

We are going to have one last chance to go out and enjoy the beautiful fall weather before it gets too cold. We will be going to the Cox Farms Market where you can pick up some fall favorite food and drinks, pick pumpkins for decorations or for a delicious baked treat, and enjoy the beautiful fall landscape. We will be going to the market place to have a picnic, rain or shine. Cox Farms **does not** accept the farmers' market voucher booklets Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:00am and we will be leaving the center at 9:30. Last day to sign up is November 5th at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**

