

PARTICIPANTS:

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director
Luis Angel, Senior Center Assistant Director
Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

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August 2023

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY

8:30 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****

-Bus reservations must be made at least one day in advance by 11 am.



-Lunch reservations must be made at least one day in advance by 11am.

Happy Birthday!

August Birthdays!

07 – Danuta Kuhl
07 – Gloria Perry
16 – Issam Yazigi
29 – Aster Dibaba



Our Birthday Party will be on Wednesday, August 23

Musical Entertainment provided by DJ Robby G.



Wednesday, August 2: Self-Guided Tour at the Textile Museum

We will be going to the Textile Museum for a self-guided tour where you will be able to see a collection of rugs & clothing from around the world, dating from 3000 BC to the present. There is even a tactile section where you can feel the rare materials used in making clothes. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is August 1st at 11:30am. Please sign up with Maria **in person while she is in her office and pay to reserve your spot.**

Wednesday, August 30: Self-Guided Tour at the Hirshhorn Modern Art Museum

We will be given the chance to walk around the Hirshhorn, which features international modern and contemporary art. The museum is a leading voice for contemporary art and culture and provides a national platform for the art and artists of our time. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is August 29th at 11:30am. Please sign up with Maria **in person while she is in her office.**