




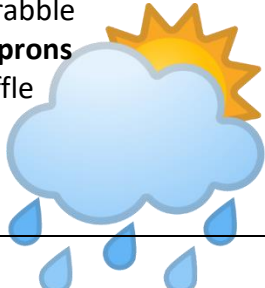
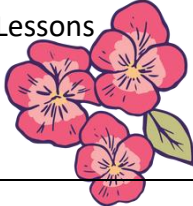


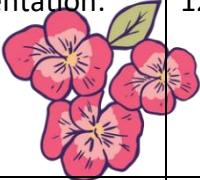
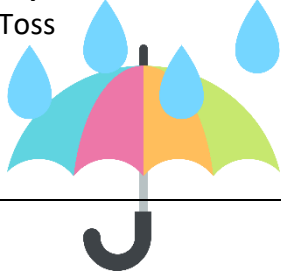

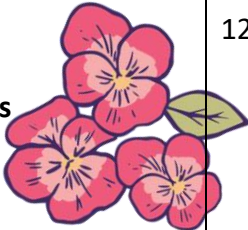




# April 2024

*This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> Center Closed Easter Monday</p>  	<p><b>2</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 9:45 ESL with Nancy 10:00 ESL with Thea 11:00 Crossword Puzzle 12:45 Special Bingo</p> 	<p><b>3</b> Center Closed Field Trip to the National Arboretum or Botanical Garden</p>  	<p><b>4</b> 9:30 Exercise 10:00-11:30 Pool/Billiards <b>10:00 Infinite Craft</b> 10:00 Group Scrabble <b>11:00 Sewing Aprons</b> 12:45 Bread Raffle</p> 	<p><b>5</b> 9:30 Trivia! 10:00 Line Dancing with Nellie 10:00-11:30 Pool/Billiards <b>10:00 – 12:00 Silver Artisans at Patrick Henry Rec Center</b> 10:00 – 10:45 Ukelele Lessons 12:45 Prize Bingo</p> 
<p><b>8</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Shopping Trip Landmark Plaza <b>10:30 Guess The Country</b> <b>11:00 America Says</b> 12:45 10 Cent Bingo</p> 	<p><b>9</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 ESL with Thea 11:00 Spot the Difference 11:00 SAIL Exercise at Patrick Henry Rec Center 12:30 Bread Raffle 12:45 Senior Treasure Corner</p> 	<p><b>10</b> 9:30 Chair Exercise with Saadia 10:00-11:30 Pool/Billiards <b>10:30 Escape Room Game</b> <b>11:00 Birthday Party with DJ Robby G</b> <b>11:00 Game Room</b> 12:00 Virginia Tech Presentation: Smart Grocery Shopping</p> 	<p><b>11</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 11:00 SAIL Exercise at Patrick Henry Rec Center <b>11:00 Sewing Aprons</b> 12:45 Target Toss</p> 	<p><b>12</b> <b>9:30 Intergenerational Activities with Bishop O'Connell High School</b> 9:30 Exercise 10:00-11:30 Pool/Billiards <b>10:00 – 12:00 Silver Artisans at Patrick Henry Rec Center</b> 10:00 – 10:45 Ukelele Lessons 11:00 Spanish Class 12:45 Prize Bingo Last day to sign up for the Dance of All Ages</p>
<p><b>15 World Art Day</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Shopping Trip Target <b>10:30 Guess The Art</b> <b>11:00 Family Feud</b> 12:45 10 Cent Bingo</p> 	<p><b>16</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 9:45 ESL with Nancy 10:00 ESL with Thea 11:00 SAIL Exercise at Patrick Henry Rec Center 11:00 Group Trivia <b>12:30 Bread Raffle</b> <b>12:45 Horseshoe Toss</b></p> 	<p><b>17 International Haiku Poetry Day</b> 9:30 Chair Exercise with Saadia 10:00 Line Dancing with Nellie 10:00-11:30 Pool/Billiards 10:00 Haiku Writing -Book of Poetry <b>11:00 Spring Stories and Bingo</b> <b>11:00 City Guess Game</b> 12:45 Hot Potato</p> 	<p><b>18</b> 9:30 Exercise 10:00-11:30 Pool/Billiards <b>10:00 Recycling Presentation with ALEX311</b> 10:00 Apple to Apples Card Game 11:00 Crafty Crew 11:00 SAIL Exercise at Patrick Henry Rec Center 12:45 Cup Pong Toss</p> 	<p><b>19</b> <b>9:30 Intergenerational Activities with Bishop Ireton Students</b> 9:30 Exercise 10:00-11:30 Pool/Billiards <b>10:00 – 12:00 Silver Artisans at Patrick Henry Rec Center</b> 10:00 – 10:45 Ukelele Lessons 11:00 Senior Video Game 12:45 Prize Bingo  7:00pm Dance of All Ages</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>22</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Shopping Trip Potomac Yard Shopping Center 10:30 Wheel of Fortune <b>10:30 Connections Game</b> 12:45 10 Cent Bingo</p> 	<p>23</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 9:45 ESL with Nancy 10:00 ESL with Thea 11:00 Watch a Shakespeare Play 11:00 SAIL Exercise at Patrick Henry Rec Center 12:30 Bread Raffle 12:45 Senior Treasure Corner</p> 	<p>24</p> <p>Center Closed Field Trip to the National Museum of African American History and Culture</p> <div style="text-align: center;">   </div>	<p>25</p> <p>9:30 Belly Dancing with Marietha 10:00-11:30 Pool/Billiards <b>10:00 Sewing Aprons</b> 10:30 Sorry and Trouble Board Games 11:00 SAIL Exercise at Patrick Henry Rec Center 12:45 Pool Noodle Toss</p> 	<p>26</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards <b>10:00 – 12:00 Silver Artisans at Patrick Henry Rec Center</b> 10:00 – 10:45 Ukelele Lessons <b>11:00 Spanish Class</b> 12:45 Prize Bingo</p> 
<p>29</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 9:45-12:30 Shopping Trip Roses in Maryland 10:30 Wheel of Fortune <b>11:00 New Scattegories</b> 12:45 10 Cent Bingo</p> 	<p>30</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 9:45 ESL with Nancy 10:00 ESL with Thea 11:00 SAIL Exercise at Patrick Henry Rec Center 12:30 Bread Raffle 12:45 Rat Races</p> 	<h2 style="margin: 0;">April is National Garden Month, National Humor Month, and National Poetry Month</h2>		

**\*\*\* Activities are subject to change depending on instructor availability\*\*\***

Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!! Any voluntary donation is greatly appreciated to help ensure that the center is able to continue to provide multiple services and activities.