

FAMILY SERVICES

Intake Process

If you are interested in our services, please call 540-371-1124 (for the South Region) or 703-425-0109 (for the North Region). When you call, a clinical staff person will discuss your situation briefly on the phone. You and the staff person will assess the appropriateness of our services to your need.

If you and a member of the clinical staff decide that our service is appropriate to your needs, your individual circumstances will be discussed and a fee will be agreed upon. The full fee for the first session will be \$150 for a 90-minute session with a clinician, then \$125 for all subsequent sessions, which are 45-50 minutes. We can assist you with insurance reimbursement. If you pay out of pocket, we can adjust your fee based on a sliding scale that takes into account family size and income level.

Our therapists will contact you as soon as possible to set up an appointment. Prospective clients who are flexible with respect to date, time, and location availability may have shorter wait times for an appointment. Our goal is to provide services to all in need, and we will offer an appointment to you as soon as we can.