

PARTICIPANTS:

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School. Take Seminary Road to North Jordan then turn right on Taney Avenue. Another option is to take Duke Street to North Jordan; turn left on Taney Ave. Also, you may take the Metro bus route 25B.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door to door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria Senior Taxi: 703-746-5999 x1
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-746-5999
- Legal Services of Northern Virginia: 703-778-6800
- Fairfax Area Agency on Aging: 703-324-7948
- Arlington County Agency on Aging: 703-228-1700
- Catholic Charities Emergency Assistance: 703-548-4227
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-4083**
Anne Coyne, BSN, MA, Program Manager

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Anne Coyne, St. Martin de Porres Senior Center Program Manager
Luis Angel, Senior Center Assistant Director
Maria Mellor, Activities and Food Service Assistant



ST. MARTIN DE
PORRES

SENIOR CENTER

ALL SENIORS WELCOME!

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May 2019

4650 Taney Ave. Alexandria,

Phone: 703-751-2766

www.cdda.net

CENTER OPEN: MONDAY – FRIDAY
8:30 A.M. – 1:30 P.M.

OFFICE HOURS: 8:00 A.M. – 4:00 P.M.

Due to Senior Council Decree, we celebrate participant birthdays monthly.

May Birthdays

02 – Lily Lee
02 – Sofia Chavez
03 – Karen Walker
04 – Almaz Woldegebriel
05 – Philip Calabrese
07 – Elizabeth Koroma
08 – Caroline Robinson
09 – Bong Sun Choi
11 – Kathryn Hunter
15 – Kidaneriam Woldeyesus
20 – Shirley Barbour
22 – Solomon Wondemagegenew
23 – Maria Castaneda
24 – Suman Nayyar
27 – Habtnesh Gessesse
28 – Magdalena Miranda
28 – Pauline Lynch

Birthday Party will be held
Wednesday, May 22

Dance and fun with DJ Robby
G



Wednesday May 8: Field Trip
Monday May 27: Memorial Day
Tuesday May 21: Field Trip



Reminder

-Bus reservations must be made at
least one day in advance by 11 am.



-Lunch reservations must be
made at least one day in advance by
11am.

Tours and Volunteering!

If you have a friend who is interested in coming to our senior center, give us a call and schedule a tour of the center with Maria. If you are interested in volunteering at the center, please call Maria for an appointment.

English Classes

If you would like to take ESL (English as a Second Language) classes, we classes on Mondays and Tuesday, and every other Friday.

FIELD TRIPS

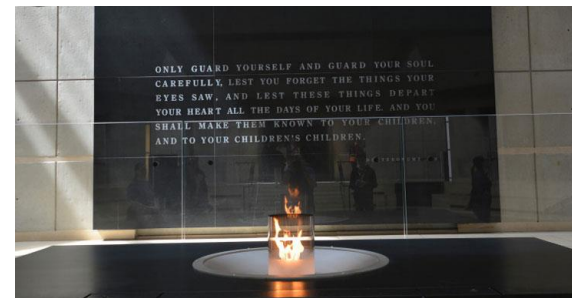
Wednesday, May 8: Tour of Franciscan Monastery Gardens with Boxed Lunch



We will be going on a walking trip in the Franciscan Monastery Garden in Washington D.C. There is a seating area in front of Lourdes Grotto that we will be able to sit and have lunch. If it rains, we will go on a tour of the monastery and have lunch at the senior center. Seating on the bus is limited to 26 seats, open on a first come first serve basis. Bus pick up begins at 8:30 and we will be leaving the center at 9:30. Last day to sign up is May 7th at 11:00. Please

sign up with Maria **in person while she is in her office.**

Tuesday, May 21: Holocaust Museum with Lunch at Center



We will be going to the Holocaust Museum in Washington DC. This museum is dedicated to helping leaders and citizens of the world confront hatred, prevent genocide, promote human dignity, and strengthen democracy. Seating on the bus is limited to 26 seats, open on a first come first serve basis. Bus

pick up begins at 8:30 and we will be leaving the center at 9:30. Last day to sign up is May 20th at 11:00. Please sign up with Maria **in person while she is in her office.**

Health Fair at Lee Center

There will also be cooking and exercise demonstrations, and free health screenings! Participants will hear from Inova Alexandria Hospital about what all seniors need to know to stay healthy and fit! Seating on the bus is limited to 26 seats, open on a first come first serve basis. Bus will be leaving the center at 9:45. Last day to sign up is May 28th at 11:00. Please sign up with Maria **in person while she is in her office.**

