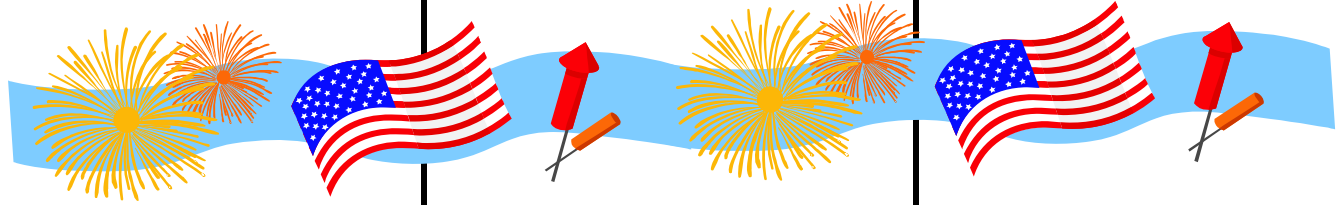


"July 2010"

ST. MARTIN'S SENIOR CENTER

CALL: (703) 751-2766

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>10:00- Interdenominational Prayer 10:30- Bowling game 10:30- English with Paul 12:30- Horseracing 1:15- Raffle</p>	<p>2 10:00- Yoga with Kathy 10:00- English with Barbara 11:00- Catholic Eucharist 11:30- Senior Council 12:30- 10 cent Bingo</p>
<p>5 CENTER CLOSED Happy Independence Day</p>	<p>6 10:00- Shopping Trip 10:30- 4th of July Party with music by David Lovins 11:45- Raffle 12:30- 10 cent Bingo</p>	<p>7 10:00- Stretching Away Aches with Mary Parker 10:30- English with Don 11:00- Prize Bingo 12:30- Golf Game</p>	<p>8 10:00- Interdenominational Prayer 10:30- CVS Presents "Prevent and Control Diabetes" 10:30- English with Paul 12:30- Hurricane Preparedness</p>	<p>9 10:00- Yoga with Kathy 10:00- English with Barbara 11:00- Catholic Eucharist Remembering Cleo Toombs 12:30- 10 cent Bingo</p>
<p>12 10:30- Tai Chi with Sally 10:30- English with Bruce 10-12- Blood Pressure Screenings 12:30- Sing-A-Long with Patty and Maureen</p>	<p>13 10:00- Shopping Trip 10:30- Prize Bingo 10:30- English with Don 12:30- Price Is Right 1:15- Raffle</p>	<p>14 10:00- Interdenominational Prayer 10:00- Stretching Away Aches with Mary Parker 10:30- English with Don 12:30- 10 cent Bingo</p>	<p>15 CENTER CLOSED Field Trip Tyson's Corner Mall lunch on your own at the food court pickups begin 8:45am</p>	<p>16 10:00- Yoga with Kathy 10:00- English with Barbara 11:00- Catholic Eucharist 10-12- Blood Pressure Screenings 12:30- 10 cent Bingo</p>
<p>19 10:00- Rosary with Jennie 10:30- Prize Bingo 10:30- English with Bruce 10-12- Blood Pressure Screenings 12:30- Health Presentation</p>	<p>20 10:00- Shopping Trip 10:00- Yoga with Kathy 10:30- English with Don 10:30- Hangman 12:30- 10 cent Bingo</p>	<p>21 10:00- Stretching Away Aches with Mary Parker 10:30- English with Don 10-12- Blood Pressure Screenings 12:30- Horseracing</p>	<p>22 10:00- Interdenominational Prayer 10:30- Board games with the St. Mary's Students 12:30- Ice Cream Social</p>	<p>23 Welcome St. Mary's Students! 10:00- English with Barbara 11:00- Catholic Eucharist 10-12- Blood Pressure Screenings 12:30- 10 cent Bingo</p>
<p>26 10:00- Rosary with Jennie 10:30- Prize Bingo 10:30- English with Bruce 10-12- Blood Pressure Screenings 12:30- Sing-A-Long</p>	<p>27 10:00- Shopping Trip 10:30- Bowling game 10:30- English with Don 12:30- Metro Transit System Orientation and Reduced Fares</p>	<p>28 10:00- Interdenominational Prayer 10:30- Musical Performance by Alma de Peru 10-12- Blood Pressure Screenings 12:30- 10 cent Bingo</p>	<p>29 CENTER CLOSED Field Trip Air and Space Museum lunch on your own at the food court pickups begin 8:45am</p>	<p>30 10:00- Yoga with Kathy 10:00- English with Barbara 11:00- Catholic Eucharist 10-12- Blood Pressure Screenings 12:30- 10 cent Bingo</p>

