







December 2021

*This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Merry Christmas! Happy Hanukkah! Happy Kwanzaa! Happy Holidays! Happy Ashura! Happy Bodhi Day! Joyeux Noël! feliz Navidad! مَجِيد مِيلَاد عِيد! 聖誕節快樂, 圣诞节快樂! ميلاد مسيح مبارک! Chúc mừng Giáng sinh! Maligayang pasko! መልካም ገና! مَجِيد مِيلَاد عِيد !</p>		<p>1 9:30 SAIL Exercise 9:30 – 11:30 Pool/Billiards 10:30-11:30 Blood Pressure Checks 10:30 Skip-bo 12:45 Bounce In Game</p> 	<p>2 9:30 Zumba with Patrick Henry Rec 9:30 – 11:30 Pool/Billiards 10:00 Crafty Crew 11:00 Uno 12:30 Bread Raffle 12:45 Cup Toss</p> 	<p>3 9:30 Trivia 9:30 – 11:30 Pool/Billiards 10:00 Line Dancing with Babs and Nellie 10:30 Are You Smarter Than A Fifth Grader Game 12:00 Poinsettia Raffle 12:45 Bingo!</p> 
<p>6 9:30 Zumba Gold with Patricia 9:30 – 11:30 Pool/Billiards 10:30 Geoguessr and City Guessr game <b>11:00 Food and Fun with Philippe</b> 12:45 Bingo</p> 	<p>7 <b>9:30 Arthritis Exercise with Monique</b> 9:30 – 11:30 Pool/Billiards 10:00 Shopping Trip 10:00 Beginner ESL with Thea 10:30 Scramble 11:00 Intermediate ESL with Nancy 12:45 Skee-ball</p> 	<p>8 9:30 SAIL Exercise 9:30 – 11:30 Pool/Billiards 10:30 Blood Pressure Checks 11:00 Christmas Tree Decorating 12:45 4 Pin Knock Down</p> 	<p>9 9:30 Zumba with Patrick Henry Rec 9:30 – 11:30 Pool/Billiards 10:00 Crafty Crew 11:00 Parcheesi 12:30 Bread Raffle 12:45 Target Toss</p> 	<p>10 9:30 Trivia 9:30 – 11:30 Pool/Billiards 10:00 Line Dancing with Babs and Nellie 10:30 Phase 10 Card Game 12:45 Bingo!</p> 
<p>13 9:30 Zumba Gold with Patricia 9:30 – 11:30 Pool/Billiards 10:30 Winter and Holiday Hangman 12:15 Surveys 12:45 Senior Treasure Corner 12:45 Bingo</p>   	<p>14 9:30 Walking Fit/AFE 9:30 – 11:30 Pool/Billiards 10:00 Shopping Trip 10:00 Beginner ESL with Thea 10:30 Sorry Board Game 11:00 Intermediate ESL with Nancy 12:45 Senior Treasure Corner 12:45 Table Trivia</p>	<p>15 9:30 SAIL Exercise 9:30 – 11:30 Pool/Billiards 10:30 Blood Pressure Checks <b>10:30 Making Christmas Cards</b> 12:45 Senior Treasure Corner 12:45 Guess the Country</p> 	<p>16 9:30 Zumba with Patrick Henry Rec 9:30 – 11:30 Pool/Billiards 10:00 Crafty Crew <b>10:30-12:00 Intergenerational Activities with Hayfield High School Students</b> 12:30 Bread Raffle 12:45 Senior Treasure Corner 12:45 Who Said It</p>	<p>17 9:30 Trivia 9:30 – 11:30 Pool/Billiards 10:00 Line Dancing with Babs and Nellie 10:30 Spot the Difference Game 12:45 Senior Treasure Corner 12:45 Bingo! <b>5:00-7:00pm Covid Booster Shots at Patrick Henry Rec</b></p>

December 2021 CONTINUED

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Monday	Tuesday	Wednesday	Thursday	Friday
20	21	22	23	24
9:30 Zumba Gold with Patricia 9:30 – 11:30 Pool/Billiards 10:30 Spot the Difference <b>11:00 Food and Fun with Philippe</b> 12:45 Bingo 	9:30 Walking Fit/AFE 9:30 – 11:30 Pool/Billiards 10:00 Shopping Trip 10:00 Beginner ESL with Thea 10:30 Hallmark Holiday Movie 11:00 Intermediate ESL with Nancy 12:45 Unwrapping Game	9:30 SAIL Exercise 9:30 Holiday Trivia 9:30 – 11:30 Pool/Billiards 10:30 Blood Pressure Checks <b>11:00 Holiday Party with Concert by St. Jude's Choir</b> 12:45 Bingo	Center Closed 	Center Closed for Christmas Eve 
27	28	29	30	31
Center Closed 	9:30 Walking Fit/AFE 9:30 – 11:30 Pool/Billiards 10:00 Shopping Trip 10:00 Beginner ESL with Thea 11:00 Intermediate ESL with Nancy 12:45 Basketball Toss	9:30 SAIL Exercise 9:30 – 11:30 Pool/Billiards 10:30 Blood Pressure Checks 10:30 Scategories Game 11:30 Discover Botswana 12:45 Who Am I? 	9:30 Zumba with Patrick Henry Rec 9:30 – 11:30 Pool/Billiards 10:00 Crafty Crew 11:00 Crossword Puzzles 12:30 Bread Raffle 12:45 Horse Shoes	Center Closed for New Year's Eve 

**\*\*\* Activities are subject to change depending on instructor availability \*\*\***

Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!! Every Tuesday we will be having 2 English as a Second Language (ESL) classes. 10:00 Is a beginners ESL class with new Instructor Thea. 11:00 is an advanced ESL class with Nancy

If you are interested in getting the COVID-19 Booster shot, please call the senior center to register. We collaborated with the Alexandria Health Department, DAAS Transportation, and Patrick Henry Rec Center to provide a day where they will be doing the booster shot. It will be December 17<sup>th</sup> between 5:00 – 7:00pm. Please give us a call to register if you will need some transportation or if you are plan on getting there on your own.

**Activities that take place in the center but will also be streamed virtually will be in Green.**